

# PLYMPTON HALIFAX CALISTHENIC CLUB

*celebrating 25 years*

## NEWSLETTER—JANUARY 2016

*Welcome to 2016. We hope you all had a relaxing break and spent time with family and friends. Everyone's lives are often so busy that it is nice to just take some time away from our usual routines.*

*The Coaches are once again very excited about the upcoming year and have already spent a great deal of time preparing. We are certainly looking forward to seeing all the girls again and hearing their holiday stories! New members are very welcome and now is the perfect time to start, so bring along a friend. The first two lessons are free. Listed below are the start dates.*

*This year we are trialling a new system for the **Registration and Medical** Information collection. The form is to be filled out electronically and then emailed to the Secretary at [megemmacasey@internode.on.net](mailto:megemmacasey@internode.on.net) asap. It will then be printed and returned to you at class in order to sign the permissions. The form is attached and also available on the Club website [www.plymptonhalifax.org.au](http://www.plymptonhalifax.org.au)*

*Also attached are the **Diary Dates** for 2016. There are some Competition dates confirmed so please mark these in your diaries. The Diary Dates are always available on the Club website which is updated regularly.*

*The **Team Information sheets** which detail the fees and payment methods are also available on our Club website. Hard copies will be available at the hall.*

*Thank you to Mike Canty who for many years has maintained our website. It is a big job and we greatly appreciate your generosity in giving up your time.*

TEAM	Age in 2016	DATE	TIME	COACH
TINKERBELLS (non competitive)	3-5years	Saturday 06 February	9-10am	Amelia DeLaine
SPARKLES (non competitive)	3-5years	Wednesday 10 February	4-5pm	Caitlin Carroll
TINIES NAVY (competitive)	6-7years	Saturday 06 February	10-11.30am	Meg Allison
TINIES WHITE (competitive)	6-7years	Wednesday 10 February	5-6.30pm	Caitlin Carroll
SUB-JUNIOR NAVY	8-10years	Monday 01 February	4.30-6.30pm	Hayley Edwards
SUB-JUNIOR GOLD		Monday 01 February	4.30-6.30pm	Caitlin Carroll & Shandell Wishart
SUB-JUNIOR WHITE	8-10years	Wednesday 10 February	4.30-6.30pm	Josie Kerr
JUNIORS	11-13years	Tuesday 02 February	4.30-7pm	Lisa Beecken
SENIORS	17 years+	Monday 18 January	6.30-9.30pm	Hayley Edwards

## **ANNUAL GENERAL MEETING**

**Monday 08 February, 7pm, at the hall**

**We are always looking for new members to join  
our committee.**

**Meetings are held every second month.**



***Congratulations to Illandra who was selected in the South Australian Junior National Team for 2016. We are very proud of you.***

### **PUPIL SKILLS**

*Congratulations* to our Sub-Juniors who passed their Class exams in December 2015:

Test One— Christina, Izabella, Adelle, Allegra, Cooper, Abbey, Chloe, Lana

Text Two— Vanna, Gemma, Zoe, Bree, Lily, Ashlee, Leila, Mizuki, Olivia R

Text Three—Maddie, Dusty, Rebecca, Niki, Olivia C, Indiah, Bella, Camila, Liliana

*Good luck* to Pip and Erin for their Grade Four and Caitlin for her Bronze medal exams in February.

### **WESTFIELD MARION SHOPPING CENTRE PROMOTION**

We again have the opportunity to promote our wonderful sport and Club with a promotional stand outside of K-mart at Westfield Marion. We would love some volunteers to “woman” the stand and answer queries and hand out brochures. Timeslots are :

**Saturday 06 February** – 9-11am, 11-1pm, 1-3pm, 3-5pm

**Sunday 07 February**— 11-1pm, 3-5pm

Please email Lisa if you can help [ldbeecken@yahoo.com.au](mailto:ldbeecken@yahoo.com.au)

### **SUB-JUNIOR BALLARAT TRIP 2016**

There will be a meeting on **Tuesday 16 February at 7pm** to discuss details and answer queries for the Sub-Junior Ballarat trip in 2016. We have been advised that the team will compete in Division 3 and the proposed tentative date for competition is Sunday 23 October. Exact dates are not confirmed until mid May.

### **MERCHANDISE EVENING**

On **Monday 22 February from 6-7pm** we will holding a “Merchandise Evening” at the hall where you will be able to order polo shirts, tracksuits, hoodies and bodysuits. There will be a full range of sizes available for girls to try on. Whilst we loan to our Sparkles, Tinkerbells, Tinies and Sub-Juniors a Club tracksuit for competition day, we encourage girls to purchase their own to wear to class. Sub-Juniors who are competing in Ballarat will need to purchase their own Club tracksuit.

## **FAMILY FUN PICNIC AND POOL DAY**

*Come along and celebrate the start of the new calisthenic year with your teammates*

**Sunday 28 February**

**12-3pm**

**Burnside Pool**—corner Greenhill Road and Howard Terrace, Hazelwood Park

**BYO**—your family, own picnic and swimming gear

**Admission Cost:** Child \$6 and Adults \$7, family passes available, pay when entering on day.

## **BUUNNINGS BBQ FUNDRAISER**

A big thank you to all those who helped at the Bunnings BBQ in December 2015. It was hard work but well worth the profit of \$1790.00. Our volunteers were: Kym, Theo, Susan, Shandell, Michael, Russell, Tracy, Shannon, Brett, Greg, Kelly, Mel, Trevor, Mike, Pip and Lisa.



## **TERM ONE 2016 FEES**

There are two payment options: Yearly or by the Term. Please see the Team Information sheet for the Yearly cost. The yearly payment offers a 15% discount on the Term fees.

Our preferred payment method is online.

BSB 065-126 A/C 0090 3451

Please email receipt to [treasurer@plymptonhalifax.org.au](mailto:treasurer@plymptonhalifax.org.au) and your Team Manager

REGISTRATION		\$80.00
	PLUS	
SPARKLES AND TINKERBELLS		\$ 70.00
TINIES		\$ 80.00
SUB-JUNIORS		\$108.00
JUNIORS		\$120.00
and practise aesthetic skirt(if required)		\$ 20.00
SENIORS		\$132.00

## **HOT WEATHER POLICY**

*"Classes are cancelled if the temperature broadcast on Channel 9 News the night before is 36C or above."*

Facebook is our means of communication so please check for updates re the hot weather policy



**Paul Bahr from Jim's finance.  
Proud sponsor of the 2015 Junior Ballarat team.  
Paul Specialises in assisting ABN holders and  
small businesses to finance vehicles and equipment.  
For more information contact Paul on  
[jimsfinancialservices.com.au](http://jimsfinancialservices.com.au) or 131 546**