

PLYMPTON HALIFAX CALISTHENIC CLUB

NEWSLETTER—JANUARY 2017

Welcome to the 2017 calisthenic year and I can't wait to see you all back at calisthenics for another great year. I hope you have all had an enjoyable, relaxing and fun break. It is just nice to escape routine for a while!

The Coaches are looking forward to seeing all the girls again and hearing their holiday stories! We also encourage our members to bring a friend along and see what calisthenics is all about!!! The first two lessons are free. Listed below are the start dates.

I am excited about the prospect of our first "Masters" team. This will be coached by Josie Kerr and I have no doubt it will be a great experience, so, if you have done calisthenics before and would like to escape the family for a couple of hours each week, come along!! I would also like to welcome back to "team" coaching Courtney Hill who will be coaching the Junior 2 team.

*Please fill out the **Registration and Medical** forms electronically and then email to Julie, our Secretary at mejemmacasey@internode.on.net The registration form will then be printed and returned to you at class in order to sign the permissions. The form is attached and also available on the Club website www.plymptonhalifax.org.au*

*Many **Diary Dates** for 2017 have been confirmed. Please see the attached document and mark these dates in your diaries. The Diary Dates are always available on the Club website which is updated regularly.*

*The **Club Information sheet** together with **Team Fees** are attached. Hard copies will be available at the hall.*

Looking forward to seeing you all soon—Kind regards, Lisa Beecken

TEAM	Age in 2016	DATE	TIME	COACH
TINKERBELLS (non competitive)	3-7years	Saturday 04 February	9-10am	Amelia DeLaine
SPARKLES (non competitive)	3-7years	Wednesday 01 February	4.30-5.30pm	Emma Allison
TINIES NAVY	6-7years	Saturday 04 February	10-11.30am	Meg Allison
TINIES WHITE/GOLD	6-7years	Wednesday 01 February	5-6.30pm	Caitlin Carroll—White Team Amelia DeLaine-Gold Team
SUB-JUNIORS	8-10years	Monday 30 January	4.30-6.30pm	Hayley Edwards—Navy Team Caitlin Carroll—Gold Team Meg Allison & Emma Allison—White Team
JUNIORS	11-13years	Monday 31 January	4.30-7pm	Lisa Beecken Courtney Hill
INTERMEDIATES	14-16years	Monday 31 January	7-9pm	Hayley Edwards
SENIORS	17 years+	Monday 18 January	6.30-9.30pm	Hayley Edwards
MASTERS	26 years+	Wednesday 22 February	6.30-8pm	Josie Kerr

ANNUAL GENERAL MEETING

Tuesday 31 January, 7.30pm at the hall

**We are always looking for new members to join
our committee.**

**Meetings are held every second month.
Please come along!**

FAMILY FUN PICNIC AND POOL DAY

Come along and celebrate the start of the new calisthenic year with your teammates

Sunday 05 March

12-3pm

Burnside Pool—corner Greenhill Road and Howard Terrace, Hazelwood Park

BYO—your family, own picnic and swimming gear

Admission Cost: Please pay when entering on the day.

PUPIL SKILLS

Congratulations to our Sub-Juniors who passed their Class exams in December 2016:

Test One— Ellie, Emily, Melanie, Juliet, Caitlin, Kira, Taylor, Jessica, Zaylia, Jasmine, Maddison

Text Two— Izabella, Chloe, Jessica, Cooper

Text Three—Charlene, Vanna, Bree, Zoe, Lily, Abbey, Leila, Olivia, Gemma

SUB-JUNIOR NATIONAL TEAM

Congratulations to Caitlin Carroll who is the Second Assistant Coach of this team in 2017. What a wonderful experience as she joins our Sub-Juniors Lily and Vanna.

WESTFIELD MARION SHOPPING CENTRE PROMOTION

We again have the opportunity to promote our wonderful sport and Club with a promotional stand outside of K-mart at Westfield Marion. We would love some volunteers to “woman” the stand and answer queries and hand out brochures. Timeslots are :

Saturday 04 February – 9-11am, 11-1pm, 1-3pm, 3-5pm

Sunday 05 February— 11-1pm, 1-3pm, 3-5pm

MERCHANDISE EVENING

On **Wednesday 01 March 5.30-6.30pm (TBC)**, we will be holding a “Merchandise Evening” at the hall where you will be able to order polo shirts, tracksuits, hoodies and bodysuits. There will be a full range of sizes available for girls to try on. Whilst we loan to our Sparkles, Tinkerbells, Tinies and Sub-Juniors a Club tracksuit for competition day, we encourage girls to purchase their own.

BUNNINGS BBQ FUNDRAISER

This is a major fundraiser for our Club and we are seeking your assistance!!! If you are able to help please email Lisa ldbeecken@yahoo.com.au

Sunday 19 March

Timeslots: 8.30-10.30am, 10.30-12.30pm, 12.30-2.30pm, 2.30-4.30pm

THANK YOU

Thanks to the wonderful volunteers who helped Julie tidy up our costume cupboard at the end of last year. The job was enormous! Alison, Caitlin, Deb, Pauline, Yvonne and children

HOT WEATHER POLICY

“Classes are cancelled if the temperature broadcast on Channel 9 News the night before is 36C or above.”

Facebook is our means of communication so please check for updates re the hot weather policy

CLUB CAMP

In 2017 the Sub-Junior, Junior and Intermediates will be going on camp for 2 nights at Woodhouse. Dates 19 and 20 April. Cost of the 2 day camp will be \$100.00 per person. Tinies and Seniors to attend on 20 April for a day visit. Cost to be advised. Parents welcome to attend.

TERM ONE 2017 FEES

There are two payment options: Yearly or by the Term.

Please see the Team Fee sheet for the Yearly cost.

The yearly payment offers a 15% discount on the Term fees.

Our preferred payment method is online.

BSB 065-126 A/C 0090 3451

Please email receipt to treasurer@plymptonhalifax.org.au
and your Team Manager

REGISTRATION PLUS	\$ 82.00
SPARKLES AND TINKERBELLS	\$ 70.00
TINIES	\$ 80.00
SUB-JUNIORS	\$ 99.00
JUNIORS	\$120.00
and practise aesthetic skirt (if required)	\$ 25.00
INTERMEDIATES	\$120.00
SENIORS	\$132.00
MASTERS	\$100.00





- Kitchens
- Laundries
- Wardrobes

Ben 0419858760

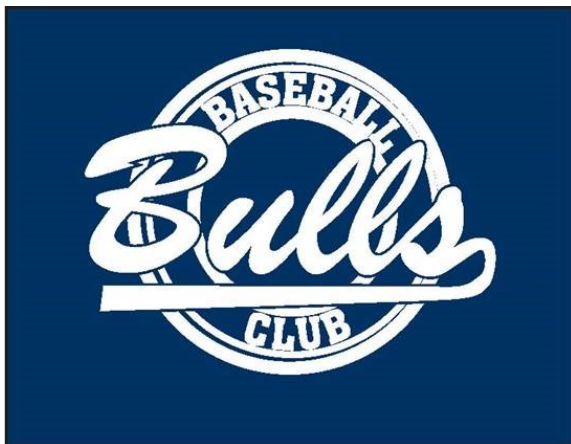
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Contact Paul and Aaron on 0405107 042.



The Bulls Baseball Club was formed in 1976 and its' "primary" demographic is 35 – 55 year old males and females. The winter season typically starts in late April and runs through to early September, spanning 16 regular season games and 3 finals rounds. For further information contact Jamie 0411 577 499



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