

PLYMPTON HALIFAX CALISTHENICS CLUB—NEWSLETTER JUNE 2012

MID YEAR CONCERT

This is a great opportunity for all girls in our club to perform on stage in front of an audience before the CASA demonstrations and competitions in July and August .

Please invite friends and family to come along and see the progress the girls are making!

WHEN

Sunday 24 June

WHERE

Royalty Theatre, 65 Angas Street, Adelaide

TIME

Concert starts at 4.30pm—girls to arrive by 4pm except Tinies who have a stage practise prior to the concert. Please arrive a minimum of 10 minutes prior and report to Miss Hayley in the dressing room.

3-3.20pm	Tinies Navy (Saturday 9am)
3.20-3.40pm	Tinies White (Wednesday 4.30pm)
3.40-4pm	Tinies Gold (Saturday 10am)

Unless you are in a team rehearsing on stage please do not go through the theatre. You will need to enter the dressing room through the foyer, then the kitchen on the left hand side then follow the others!!! No males in the dressing room please!

WHAT TO WEAR

Tinies, Sub-Juniors and Juniors—your leotards and costumes will be at the theatre
Intermediates and Seniors—black leotard

All girls to wear flesh colour bodysuit or underwear.

HAIR

Pulled back tight and smooth in a high bun. No wispy bits or fringes.

Use gel and hairspray!!

MAKE-UP

Foundation, blush and bright pink or red lipstick. Brown eyeshadow (optional)

Admission—Adults \$10 Concession \$5 and Children \$2

We are having a raffle at the concert. Can each family please donate a goodie by next lesson and place in the box at the hall. Anything will do!!!! - wine, chocolates, gourmet goodies, pamper products, vouchers.....There will be a BBQ and trading table that will be operating before the concert and during Interval. We would love your support by making donations for our trading table (biscuits, cup cakes, log cakes, etc) There will also be drinks and chocolates available for purchase .

As this is our club concert parents are allowed to take photographs or video of their daughters on stage. Please take care not to distract participants on stage and avoid taking photos of others due to privacy considerations. However there are to be no photos taken in the dressing room. Photography or videoing is banned from any CASA competitions or demonstrations later in the year

To enable a smooth running of the concert there is a helpers roster attached so please check to see if you are rostered on. (Others will be rostered for the End of year concert in November)



CONGRATULATIONS to our Senior team on gaining a HM for their dance at the May Competitions.

BABY NEWS

Tarla (Sub-Juniors)
a brother Jasper
Jasmine (Tinies)
a brother Tyler



WEDDING NEWS

Congratulations to Beth Hammil a past member of our Senior Team who was recently married.



COMPETITION and TINIES DEMONSTRATION DATES

Are now confirmed as follows:-

Sunday 22 July, 11am	Tinies Navy
Saturday 28 July, 11am	Tinies White
Sunday 29 July, 11am	Tinies Gold
Thursday 2 August, 6.30pm	Sub-Juniors
Sunday 12 August, 11am	Juniors
Friday 24 August, 6.30pm	Intermediates
Saturday 08 September, 1pm	Seniors

FEE PAYMENTS

Don't forget you can pay your fees by direct deposit:

BSB: 065-126 A/C: 0090 3451

Remember to make sure to put your child's name in the details for EFT payments and print a receipt to give to your Team Manager.

COME N TRY CALI

West Torrens Library Auditorium

Wednesday 4 July

9-9.45am (under 6 years)

10-10.45am (under 9 years)

FREE

Members welcome to come along and bring a friend

THANK YOU

A HUGE thank you to Alison (Gemma's mum from the Tinies) for organising for our hall floor to be cleaned by

COMPLETE MAINTENANCE SERVICES SA

SCHOOL HOLIDAYS—As Competitions are now not far away all lessons continue during the school holidays except Tinies have no lesson on Saturday 30 June and Wednesday 4 July.

EXTRA LESSONS—All teams except Tinies have extra lessons leading up to Competitions. Your Coach will advise you of these soon and the Diary Dates on the website will be updated.

TEAM MANAGERS

TINIES NAVY AND GOLD

Anita Young 0432 746 839

TINIES WHITE

Josie Kerr 0411 299 558

SUB JUNIORS

Loreta Fallavollita 0409 545 657

JUNIORS

Loreta Fallavollita 0409 545 657

* For class absence advise Lisa 0438 808 967

INTERMEDIATES

Kaye DeLaine 0417 805 521

SENIORS

Julie Allison 0439 827 284

Di Carroll 0423 852 166

ROYALTY THEATRE PRACTISES

These are compulsory practises for all teams, held at the Royalty Theatre, 65 Angas Street, Adelaide.

Friday 13 July 2-4pm Juniors

Tuesday 17 July 6-8pm Seniors

Wednesday 25 July 4-6pm Sub-Juniors

Friday 17 August 8-10pm Inters

Sunday 02 September 8-12noon Seniors

Tinies stage practise is prior to the Mid Year Concert

SOLOS/DUOS/GRACEFUL GIRL

Start thinking about this now and talk to Courtney, Hayley or Lisa.

Once Competitions and Demonstrations are over it is time to start any of the above mentioned items. And yes this is for Tinies too! Have a chat to our coaches who can discuss this further with you. Generally girls have one private lesson per week leading up to the competitions in November. Lesson costs range from \$8-\$15 per lesson depending on the Coach. For Sub-Junior age upwards Pupil Skills are a pre-requisite.

Child Protection Officer - Josie Kerr - 0411 299 558

NEXT COMMITTEE MEETING

Monday 15 October

Any queries/issues prior to then please contact Bronwyn Marshall or Julie Allison

www.plymptonhalifax.org.au